

# Member Newsletter

November 16, 2020

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The Harvest  
Golf Club




## Wow, Masters in November!!

What a Masters it was to watch.

Congratulations to Dustin Johnson on his record breaking Masters win. While the traditional date for the Masters in April is the usual "kickoff" to the golf season, lets make this Masters tournament the kickoff to our Winter golf season! With so many of us remaining in Kelowna over the next few months, now is the time to put in the work to improve our golf game and get ready for Spring 2021. The Harvest Golf Club now has two people that can help:

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## Director of Instruction

### Sean Richardson

Sean offers instruction indoors through the Winter season in his heated studio which features Flightscope technology as well as Synlawn hitting mat and putting green.

Please contact the Golf Shop or Sean directly at [seanrichardsongolf@gmail.com](mailto:seanrichardsongolf@gmail.com) for his Winter coaching packages.

The Harvest Golf Club would like to welcome Jeff Overholt to The Harvest Golf Academy Team!



*"I'm extremely excited to have Jeff joining our team at The Harvest. His holistic approach to coaching fits perfectly with what I've been building over my coaching career. Jeff is already forging relationships with local experts who I have worked closely with over the years. He is extremely personable, professional, and an excellent player. The Harvest will continue to be the Okanagan's leader in golf coaching."*

**Sean Richardson**

Jeff Overholt has recently moved to Kelowna from Ontario and brings with him 12 years experience coaching juniors, NCAA, mini-tour and masters level athletes. Jeff is a PGA of Canada Class "A" member and certified coach for New Competitors with numerous certifications related to athlete development. Jeff was previously the co-owner of the Toronto based coaching group, Golf Performance Coaches (GPC). GPC has emerged as a leader in junior golf coaching in Canada and supports both players and coaches on their journey in golf.

Jeff is excited to offer comprehensive and holistic player development programs at the Harvest Club with players receiving support related to their technical, physical, mental, and tactical skills development. Jeff creates an "athlete-centered" learning environment and provides player's a framework for skill development which is grounded in science, backed by decades of biomechanical research, and designed for those who want to challenge their potential.

Jeff has his undergraduate degree in Human Kinetics from the University of Ottawa and has won numerous PGA awards for his work with juniors as well as the emergence of coach development in golf. More specifically, Jeff was awarded the PGA of Ontario "Coach of the Year" in 2013 and the PGA of Canada "Junior Leader" award in 2014.

As a compliment to his time at Harvest outdoors, Jeff will be running off-season coaching programs at Kinetic Evolution and Simplex Sportszone.

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Please contact The Harvest Golf Shop or Jeff directly at [jeff@beyondtheswing.ca](mailto:jeff@beyondtheswing.ca) to discuss his Winter coaching programs.