# Member Newsletter

Is this email not displaying correctly?

View this email in your browser

Thursday, July 11th





## **Cherry Order Update:**



We have contacted our orchard lesse Manny Gill. Cherries will be picked up this Saturday, July 13th.

Member pickup will be Monday, July 15th at 8am-11am.

Please remember that pickup is in person, the cost is \$80, and payment is cash only.

A notification email will be sent in the morning of Friday, July 12th to each order recipient, please

# Golf Shop Hours:

Open 1 hour before first tee time.

July 15th- July 28th 5:15 am - 8:00 pm acknowledge receipt by responding to: <a href="mailto:rbuchanan@harvestgolf.com">rbuchanan@harvestgolf.com</a>.



#### THE HARVEST GOLF CLUB

TUESDAY JULY 23RD - 10:00 AM TO 2:00 PM #FITTINGMATTERS

Space is still available for Ping Club Fitting Day on Tuesday, July 23rd.

Terry Graham will be at The Harvest from 10:00am - 2:00pm.

\*Fitting is by appointment only\*

#### Masa's Grill

Open 1 hour before first tee time.

July 15th-July 28th

5:15 am

Practice Facility Hours:

July 15th - July 28th

Monday

7:00 am - 7:30

pm

Tuesday

5:30 am - 7:30

pm

Wednesday

5:30 am - 6:30

pm

Thursday

#### Call the shop to book now!

### Masa's Grill:

With the extremely hot temperatures prevailing this week, reservations at Masa's grill are strongly recommended due to the preference of most patrons to sit inside resulting in limited seating. Come sit in the shade after your round and enjoy a cold beverage!

Call us now to alleviate possible disappointment.

#### **Book Your Table Now**

### **Stay Sun Safe:**

Please note that the kiosk and beverage carts are operating daily.

Yesterday July 10th was the halfway point of the golf season. Okanagan hot and dry conditions can prevail until labour day.

#### 7:00 am - 7:30 pm Friday 5:30 am - 7:30 pm Saturday 5:30 am - 7:30 pm Sunday 5:30 am - 6:30 pm

# First Tee Time:

July 15th - 28th 6:18 AM

> July 29th -August 4th 6:27 AM

Course Closures:

As the average steps for a round of golf is 12,000-14,000 steps, we have provided a helpful list of ways to stay safe in the summer heat:

- bring a water bottle
- utilize the fill up stations in locker rooms
- For above 32 degrees power carts are strongly recommended for your own safety and enjoyment
- Wear sunscreen
- Pre-hydrate:
  - Eat hydrating food: fresh fruits and veggies
  - Drink fluids before the round
- drink electrolyte beverages
- Stay in the shade wherever possible (golf cart, under trees, umbrella)
- wear sunglasses
- wear a hat
- wear sun sleeves
- wear breathable fabrics
- Trust your body: if you start feeling unwell stop golfing

# **Symptoms of heat exhaustion/heat stroke** include:

- Headache
- Nausea
- Dizziness
- Weakness

Ladies Day &
Men's Night
Summer Classic

July 16th

**Ladies 2 Ball** 

July 22nd

Dr. Bobyn
Memorial
Tournament
July 26th

\*Masa's Grill will remain open while all other facilities are closed for these events\*

- Heavy sweating
- Confusion, altered mental state, slurred speech

### **Major Men's Night:**



## July 16th:

#### **Summer Classic**

Join us for a barbeque lunch starting at 11:45am

Burgers and hotdogs are available for purchase before your round.

This event is fully booked!

Call Now: Book Men's Night

## **Taylormade Performance Center:**

July 23rd, 27th, & 30th

Master Fitter Shea McLaughlin has availability on the above date. Getting fit for golf clubs can greatly improve your game especially with the new Qi10 Family!

Call the golf shop to book with our golf professionals. Or book online.

Book Your Fitting Now!

Warm Regards,
Gilles Dufort
General Manager / Executive Professional
The Harvest Golf Club